Outdoor Ethics: Leave No Trace

1. Plan Ahead and Prepare
2. Be Considerate of Others
3. Respect Farm Animals and Wildlife
4. Travel and Camp on Durable Ground
5. Leave What You Find
6. Dispose of Waste Properly
7. Minimise the Effects of Fire

Practising a Leave No Trace ethic is very simple. Make it hard for others to see or hear you and LEAVE NO TRACE of your visit.

Remember we all have a part to play, whether walking your dog, fishing, cycling or visiting your local park - please Leave No Trace and be an advocate for the message.

leaveontraceireland.org
**June 2014**

**Make Your Garden Sing at Watertop Farm**

Saturday 7th June 2014

**Assembly Point:** 10.30am

**Watertop Farm carpark**

Birds and bug watching, just like the rest of us. As the countryside and gardens have become tider, we’ve lost some of the rocks and carnivores that shelter birds and insects, as well as the food they need to thrive. Join us to give nature a home in your garden at this interactive workshop, where you’ll make your very own bird box and bug hotel. RBSP staff will be available to answer questions you might have. From creating garden ponds to choosing the same plants your feathered friends and busy bees would.

Come along and learn about the ecology and history of this unique area. Pre-booking is essential.

Duration: 2 Hours

**Surface:** Forest tracks, country roads & grass tracks

**Footwear:** Weatherproof clothing

Contact: tierna@ccght.org or call 028 2075 2100

**Guided Walk at Downhill Forest**

**A Fort! A Fight A Forest & Fifty Tree Species**

Wednesday 11th June 2014

**Assembly point:** Downhill Forest 6.30pm

( Opposite Bishops Gate)

Join us to explore Downhill Forest, a small mixed woodland originally part of the estate of Frederick Harvey, the 4th Earl of Bristol and Bishop of Derry. Home to one of Ireland’s oldest and fattest Sitka spruce, over 30 different types of conifer and over 200 species of deciduous broadleaved trees.

An Early Christian Promontory Fort, and an old disused area. You can find yourself facing the small lake that can be found nestled within this woodland. The lake was originally designed as a fishpond; it is now home to a number of Mallard ducks and Moorhens who have taken up residence on the pond.

Pre-booking is required.

Duration: 2 Hours

**Distance:** 2 Miles

Grade: 2

**Surface:** Rough paths and steps, some grass

**Footwear:** Studded walking boots

Contact: tierna@ccght.org or call 028 2075 2100

**July 2014**

**Maritello Tower**

Sunday 20th July 2014

**Assembly point:** 12 noon Point Bar/

Magilligan Point Car Park

Come along and join us as we step back in time to 1812 at Maritello Tower, Magilligan. Built to guard against a possible French invasion it was one of seventy four constructed in Ireland. In its day Maritello Tower had included a cannon platform and living quarters for twenty men and an officer. You will also have time to take in the stunning views of Greencastle, Lough Foyle and even the Caupness. Pre-booking is required.

Duration: 1.5 hours

**Surface:** Access to tower via steps

**Footwear:** Walking boots/studry shoes

Contact: tierna@ccght.org or call 028 2075 2100

**Colours of the Causeway**

Saturday 28th July 2014

**Assembly point:** 1.00pm

Whitewater Bay car park

Join the local Biodiversity Officer for a guided walk along the Causeway Coast from Whitewater Bay to picturesque Ballintoy harbour. The Causeway Coast Area of Outstanding Natural Beauty has a wide range of habitats highlighting the diversity of wild flowers found. Whitepark Bay has extensive and dynamic habitats with fore-dunes, mobile dunes and fixed dunes evolving into grassland and scrub. You will also have the opportunity to learn about the rich coastal heath, unrecorded species rich grassland. Pre-booking is required.

**Duration:** 3-3.5 Hours

**Distance:** 5 Mile

**Grade:** 2

**Surface:** Dunseverick/Dunseverick

**Footwear:** Walking boots essential

Contact: tierna@ccght.org or call 028 2075 2100

**August 2014**

**Geology Rocks**

Sunday 10th August 2014

**Assembly point:** 10.30am

Dunseverick Harbour Car Park

As part of National Marine week join UUlden’s Kevin Whitehead and Geologist Kirstin Leman for some adventurous rock-pooling and incentive geology at Dunseverick. This is a great site for family rockpooling with dozens of different seaweeds, beautiful bedded and chalky anemones and plenty of opportunity to hunt for shore crabs hiding between the rocks. Learn about the Causeway Basalt and the past volcanic activity on the site. Pre-booking is required.

Please note: Children under 16 must be accompanied by a responsible adult due to the slippery underwater conditions.

Duration: 2 Hours

**Surface:** Rocky and slippy surface.

Grade: 2

**Footwear:** Walking boots/studry shoes

Contact: tierna@ccght.org or call 028 2075 2100

**Go Fishing**

Saturday 23rd August 2014

**Assembly Point:**

Altnahinch Dam Car Park

The Causeway Coast and Glens Heritage Trust in partnership with Ballinnorth Borough Council and the Department of Culture, Arts and Leisure are hosting a fun family angling event. Why not come along and join us at Altnahinch Dam where you can try your hand at angling. This fun family event will run from 10am-4pm and will be split into three sessions.

Numbers are limited for the event and pre booking is essential. Equipment and fishing licence will be provided. Please note children under 18 must be accompanied by an adult.

Duration: 3 Sessions 10am-12pm, 12pm-2pm & 2pm-4pm

**Clothing:** Walking boots/studry shoes & waterproof clothing

Contact: tierna@ccght.org or call 028 2075 2100

**BaiNigHt**

Thursday 28th August 2014

**Assembly point:** 7.30pm O’Harabrook Estate

stable yard, Ballinnorth (approx. 10min drive)

Join local Biodiversity Officer Rachel Bain on a family fun bat & walk in O’Harabrook Estate. Uncover the exciting nocturnal world of bats and their amazing acrobatics in these exquisite grounds. The guided walk will help to dispel common myths, discuss the conservation issues and explore what local action we can take to help bats. Please wrap up warm and bring your own torch. Pre booking is required.

Duration: 2.5 Hours

**Distance:** 2 Miles

**Surface:** Grass/patched paths

Grade: 1

**Clothing:** Comfortable walking/training shoes

Contact: To book call 028 2766 0227

**September 2014**

**Bush Mills Village Walk**

Tuesday 2nd September 2014

**Assembly point:** 6.00pm Park and Ride car park

Bushmills is steeped in history and based on the River Bush. Several mills were sited on the River Bush processing everything from spades to flax and corn to timber. Join us on a leisurely stroll though the village whilst learning all there is to know about this conservation village. Pre-booking is required.

Duration: 2 Hours

**Distance:** 2 Mile

**Clothing:** Walking boots

Contact: tierna@ccght.org or call 028 2075 2100

**Stargazing Event**

Join the Northern Ireland Amateur Astronomy Society within the Causeway Coast Area of Outstanding Natural Beauty for a night under the stars. Always had an interest in astronomy but struggle to tell the difference between the Ursa Major and Ursa Minor? Why not come along and discover the Cosmos and the Constellations? You may even be lucky to witness a shooting star on the night, come along and discover the Cosmos and the Constellations?

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