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CAUSEWAY COAST AREA OF OUTSTANDING NATURAL BEAUTY INSPIRES CERAMIC CREATIVITY

The Culturally Creative Communities project, led by Causeway Coast & Glens Heritage Trust in collaboration with Age NI Living Well Moyle and Armstrong Storytelling Trust connects older individuals in the community to various forms of creativity such as arts, crafts, food, song, and storytelling, the project not only seeks to preserve and enhance cultural heritage but also challenges age-related stereotypes.

Supported by the National Lottery through the Arts Council of Northern Ireland and Tourism NI, one of the key aspects of the project is promoting intergenerational exchange, fostering greater understanding and connection between different age groups. This not only enriches the lives of older adults but also provides valuable experiences for younger generations. The emphasis on positive mental health and emotional well-being is particularly significant, as engaging in creative activities has been shown to have numerous cognitive and emotional benefits for individuals of all ages.

The project is thanks to the National Lottery players and money raised for good causes.

Fiona Shannon, ceramicist, commented, “I was delighted to welcome the Ivy Leaf Women’s Group to the Studio at Flowerfield Arts Centre Portstewart to make handmade ceramic vases. The group had a great time at the pottery studio, crafting vases whilst bonding over learning a new skill. It’s clear that such activities promote creativity but also serve as fantastic opportunities for socializing and forming lasting connections.”

These hands-on experiences are just some of the many engaging activities planned under the Culturally Creative Communities project.

If you would like to receive the news about the upcoming project events and workshops, please contact Tiérna Mullan info@ccght.org / **(028) 2075 2100**.





