ISSUE EIGHT WINTER 2015/2016 GEGETATION OF ANTIRIM

THE NEWSLETTER FOR THE HEART OF THE GLENS LANDSCAPE PARTNERSHIP SCHEME











Welcome to the Eighth issue

The snow has arrived on the hills in early November just

to let us know that winter is here! Heart of The Glens Landscape Partnership Scheme (HOTGLPS) have been steadily making progress with our current projects and kicking off new projects such as Heritage Tour Guiding and Biodiversity Learning Zones for local schools.

One of our big projects during the autumn was the community archaeological dig at Dún Mór, Fair Head in Ballycastle. We had fantastic interest from the local communities and have been told by many parents that their children now want to become archaeologists following the excitement of taking part in the dig.

Our partnership with the fantastic Naturally North Coast and Glens Artisan Market is continuing to blossom with further Christmas themed workshops on Napkin Decoupage in

November and Christmas Wreath making in December. We are keen to hear what workshops you would be interested in so we can organise our next series of events around you! The LPS would also like to upskill the people of The Glens through the learning of heritage skills such as basket weaving, Irish crochet, macramé, stone walling, and hedge laying to name but a few. Please visit our website to take part in our workshop survey.

In this edition we have a feature on The Glens of Antrim Historical Society whom we have partnered with on archaeological events including talks and community excavations. You will also find information on the many woodland grants and schemes as part of our partnership with The Woodland Trust and Forest Service.



Our farmer information evenings and training are continuing with dry stone walling and hedge laying. Unfortunately our dry stone walling course scheduled for November had to be rearranged for April 2016 due to inclement weather leaving the site unsuitable. The current series of farmer talks will cover things such as farm animal health and the nitrates action programme which will look at dealing with farm waste. We will also do some more training on farm orchard management.

CHRISTMAS CHOCOLATE YULE LOG WITH GUINNESS BUTTER CREAM FILLING

Tracifional Recipe



INGREDIENTS

- 2oz flour
- 2oz cocoa powder
- ½ teaspoon salt
- 6 large eggs separated
- ½ teaspoon of cream of tartar
- 8oz sugar

• 4 drops almond essence

FOR THE GUINNESS BUTTER CREAM FILLING:

- 7oz butter
- 10oz icing sugar
- 4oz cocoa powder
- 50- 75ml Guinness

METHOD

- 1. Sift the flour, cocoa & salt and set aside.
- 2. Whip the egg white till near peak stage and add tartar and keep whisking till peaked.
- 3. Place egg yolk, sugar & almond essence in a bowl and whisk well till light and pale.
- 4. Add flour mix to yolks and gently mix.
- 5. Fold in the egg whites and spoon onto a greaseproof lined swiss roll tray.
- 6. Bake at 180°C for 15 mins.
- 7. For the butter cream, beat the butter, icing sugar, cocoa and Guinness till light and fluffy. Add extra Guinness if needed.
- 8. When sponge is cooked turn out onto a grease proof sheet (peel away the baked grease proof and roll the sponge with the sheet inside it and cool)
- 9. When sponge is cooled unroll the sponge and spread ½ the butter cream onto the sponge and roll.
- 10. Spread the rest of the around the rolled sponge and cool. Sprinkle with icing sugar and serve.

Project Updates

HERITAGE TOUR GUIDING IN THE GLENS

Iconic landscapes like The Glens of Antrim are attracting more and more tourists annually, but the big challenge is actually retaining them. Opportunities to stop and stay in the area are important, not just driving through on a whistle stop tour to the Giants Causeway. The Glens is a destination in its own right, but like all interesting people or places it needs a little time to uncover its true charm and character.

An important way of bringing The Glens to the visitor is through tour guiding, providing local people the opportunity to tell their own stories and the stories of the Glens. As we have said in a previous article, Glens folk often see themselves as just ordinary folk. That is true, but what might seem ordinary to them, is something extraordinary to a visitor. The people can be the greatest resource in unlocking the tourist potential of this outstanding area.

We are about to embark on a tour guide training programme which will focus on upskilling local people in the Glens of Antrim and Causeway Coast. The programme, which is being developed and delivered through the Heritage Lottery backed Heart of The Glens Landscape Partnership Scheme and the European funded - Drifting Apart Project, is seeking to deliver a practical yet innovative course. We know from the research that tourists who come to the Glens and Causeway Coast want an authentic experience and to hear the stories of this iconic landscape from its own people. Therefore, we wish to facilitate local people to build their own bespoke tour guiding programme and inspire them to develop this part of our growing tourist industry. The Course which is accredited at OCN level 2, will cost £50 and will be delivered within the Glens of Antrim early in 2016. The first course is full but due to high demand we may well run another one in the near future.

If you are interested please send your expression of interest to Laura McAuley laura@lps.ccght.org or call 028 2075 2100.



FARMER INFORMATION EVENINGS & SKILLS TRAINING COURSES

Our first Dry Stone Walling course was scheduled to take place in November at Glenwherry Hill farm but unfortunately had to be postponed due to bad weather leaving the site unsafe. This course has now been rescheduled for April 2016, so hopefully the weather will have improved by then.

We had a reasonable turnout at our talk about Woodland on Farms with Gregor Fulton from the Woodland Trust. There are several attractive grants and schemes that have recently been released which will benefit many farmers and landowners. More information on these can be found on page 5. Another of our talks focused on controlled heather burning with Mark Smyth from NIFRS and Colum McDaid from NIEA.

Upcoming information evenings will include Farm Animal Health specifically relating to beef cattle, Nitrates Action Plan which will cover dealing with farm waste, Farm Orchard Management as well as training in dry stone walling, hedge laying and invasive species control.

Once again we will be providing local farmers with the facility to borrow a soil auger to collect soil samples of their land and we will bring these to DARD to be sent off for analysis. The only cost to the farmer is for actual analysis itself which is £7 + VAT per sample bag. Please contact Laura for further information.

If you have any farming issues you would like to see addressed please get in touch with us and we will do our best to help.



DÚN MÓR COMMUNITY EXCAVATION



This year's community excavation of Dún Mór at Fair Head had the biggest turnout at our excavations to date. We were delighted to have Primary 6 and 7 pupils from all 14 primary schools taking in Glenarm, Carnalbanagh, Carnlough, Waterfoot, Cushendall, Cushendun, Ballyvoy and Ballycastle. Our open days were a resounding success with people of all ages coming along to get stuck into digging up the past! In total we had over 500 members of the local community visiting the site, learning about the

history of the site and actually taking part in the excavation itself.

A number of archaeological findings were made including a cobbled pavement. Cormac McSparron from Queens Centre for Archaeological Fieldwork who led the excavation will be delivering a presentation on the findings at the site on Tuesday 19th January 2016 at Hunters Bar in Ballyvoy. Register your place with laura@lps.ccght.org



OPAL SCIENCE AND BIODIVERSITY TRAINING FOR TEACHERS

Our FREE OPAL (Open Air Laboratories network) 'teach the teachers biodiversity programme' for local primary and secondary schools in the Glens was a resounding success with nearly 40 teachers completing the course at the beginning of the school term.

In order to ensure we can facilitate this training further, we are offering those schools who took part, the opportunity to develop an outdoor learning classroom which they can use to carry out the biodiversity and science surveys.

Feedback was, on the whole very positive, but one school felt it was a bit too complex, so we will take that on board and improve things going forward. Partnerships cannot work without honest feedback, and we find this positive criticism really useful.



CELEBRATION FOR ONE OF OUR PARTNERS, AS GLENS OF ANTRIM HISTORICAL SOCIETY CELEBRATES THEIR 50TH ANNIVERSARY

Written by Dominic O'Loan

The Glens of Antrim Historical Society has just celebrated its golden jubilee with a Gala Dinner and book launch 'Green Glens and Golden Memories' in The Glens Hotel, Cushendall.

The Chairman, Frank Rogers warmly welcomed our guest speakers Rev. Dr. John Dunlop and The Rt. Hon. Hector McDonnell and also the lady Mayor Michelle McKnight-McQuillan of Causeway Coast and Glens Borough



Council. He welcomed the large number of members and friends who through their support and encouragement over the past 50 years have established the society's reputation throughout Ireland and has achieved international recognition.

It is very appropriate that, in this our golden jubilee year, we are involved with Causeway Coast and Glens Heritage Trust, Heart of The Glens Landscape Partnership Scheme and Queen's University archaeologists in an archaeological dig at Doonmore Fort.

Over 50 years the Society has had lectures on almost every historical topic you can think of. Books have been published frequently, projects undertaken (e.g. Clachan project) and visits organised to various archaeological sites but it was only last year for the first time that we were part of an archaeological dig at Cushendun. The second dig in a series of four took place at Doonmore (Fairhead).

Early consultation established that the major focus be aimed at the schools with access for the public on open days. The Landscape Partnership Scheme organised 14 schools to visit the site and the Queen's archaeologists provided the expertise and educational input. One trench was reserved for the pupils and they showed me some stones that might possibly have been tools and also some worms which were hardly of archaeological interest but they provided some fun.

The archaeologists were an education, able and willing to answer any question fired at them. Cormac McSparron said that they had established two distinct soil layers. This may reveal two periods of settlement pattern at Doonmore but it will be sometime before everything is analysed and a report prepared. We look forward to sharing the outcomes of the report with the schools and wider public through The Landscape Partnership Scheme and our own lectures and web-site.

The anniversary book 'Green Glens and Golden Memories' describes the incredible changes in all aspects of Glens' life over the fifty years since the founding of the society. The hardback, fully illustrated book has already received much praise and is available from the Society's office in Mill Street, Cushendall. Phone 028 2177 1180 e mail antrimhistory@gmail.com (priced £15).

The Glens of Antrim Historical Society



ANAGRAMS IN THE GLENS - CLACHANS



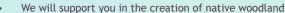


A Clachan is a cluster of houses with no church, shop or school. Within these Clachans there was often considerable ties of kinship between the different families. They were essentially farming communities with the land around them being held under a system of land tenure referred to as the Rundale System. Each farmer had a share of the mountain which was held in common which was allocated in soums related to how much land they held in the lower ground.

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YARCE LIML	
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STALRULM	
ARTMOR	
IDARTS	
CRANGHAHA	
BANKNOCK	
SKINAMALLHUGE	
BAGLALYL	
DILKYSTRAIL	
NEWTFOSY	

FOREST SERVICE SCHEMES





- You will RETAIN YOUR BASIC FARM PAYMENT (formerly the Single Farm Payment) for 30 years
- You will receive 10 years of Woodland Payments
- 100% OF ESTABLISHMENT COSTS including trees, planting, fencing, ALSO maintenance of new woodland for a number of years during establishment period e.g. replacement of trees etc.
- The minimum area is 5ha in one single block of broadleaf and coniferous trees

NATIVE WOODLAND TREE PLANTING GRANT (DUE TO OPEN 2016 - 2017)

- Aims to support landowners in the creation of native woodland between 0.15 - 5ha
- This will be a standard grant payment and should come into practice in 2016-17 planting season, details to be confirmed

WOODLAND INVESTMENT GRANT (WIG)

 For improving woodland resilience and environmental value (restocking, restructuring, invasive species control and public amenity access)

WOODLAND TRUST SCHEMES - TREES FOR FARMS

- Free support for farmers interested in creating farm shelter belts, riparian strips, pasture trees, agro forestry schemes
- Up to 100% funding available

GLENS GREEN WOODLAND SCHEMES

ONE MILLION TREES GIVEAWAY SCHEME 2015-16 (FREE TREE GIVEAWAY FOR LANDOWNERS)

- FREE NATIVE TREES AND HEDGING FOR SELF-PLANTING (minimum order of 15 trees)
- This scheme is ideal for landowners who:
 - Have small areas of land they would like to plant or who just want to plant a small number of trees scattered around their land
 - Want to under plant or extend existing woodland
 - Improve the resilience of their lands for future generations (i.e. help strengthen riverside banks, provide shelter for livestock and buildings, timber for firewood, water retention and improved grass growth)
 - Want to create a small orchard
 - Want to improve the wildlife value of their lands

RESILIENT LANDSCAPES SCHEME (FUTURE PROOFING)

- Ash Dieback, which is likely to spread across the island, has the
 potential to kill over 95% of our Ash trees with the result that
 approx. 50% of our hedgerow trees may disappear. This scheme
 will provide free trees and tree guards for landowners to plant into
 their hedgerows. This project seeks to reduce negative visual,
 shelter and biodiversity impacts of potentially losing so many of our
 trees in the future.
- FREE TREES and GUARDS, numbers limited.

GLENS GARDEN TREE GIVEAWAY 2015-16

- FREE TREE PACKS consisting of 4 native trees suitable for gardens
- Pick up points will be organised at selected locations in the Glens in early March 2016 (venue and date to be confirmed, please contact the Heart of the Glens LPS closer to the time)
- Register by contacting Brian in the Heart of the Glens Landscape Partnership Scheme on (028) 2075 2100.



VOLUNTEER OPPORTUNITIES

The LPS Scheme is based in a truly special and distinctive landscape - its character is shaped by its steep green glens, moorlands, rushing rivers, ancient woodlands, bays and stunning coastlines. It has been moulded through time by volcanic activity to incredible engineering and fragile ecosystems. It is also shaped by the intangible elements of its past through music and literature, storytelling, myths and legends, and more recently Game of Thrones!

This diversity presents an opportunity to nurture respect and understanding of this irreplaceable landscape and heritage. We hope to enable the communities that live here to manage this precious place with a sense of pride, whilst learning the skills and acquiring the knowledge that will help safeguard the future.

By giving up your time and sharing your knowledge and expertise you are the image of what this Scheme represents. We're excited about working with you, we don't mind if you don't have experience or if you don't have a lot of time to commit, we're happy that you're keen to get to know us, help out and inevitably inspire.

We have had a number of volunteers over the past two years. Volunteers have been taking part in activities such as planting wildflowers, planting native trees, carrying out research projects, completing surveys, and litter picking to name a few. The opportunities are endless! Whatever your interests are you are sure to find them with us.

We are keen to help upskill the people of The Glens and give them those extra skills to boost their CV. As well as learning new skills, we are keen to provide you with accredited training courses such as REC First Aid, Navigation and hill walking, as well as biodiversity training in tree, plant, moth and butterfly identification and surveying to name a few. We are currently looking for budding photographers to



take photographs at our events as well as people who can assist with the running of events and possibly even to run them themselves. We also have a number of biodiversity, heritage and archaeological research projects coming up for which we will require volunteers.

There is a myriad of different projects that you'll be able to join in on, or even lead! Activities might include wildlife surveying, tour guiding, practical conservation, habitat management, heritage building skills, community art, blogging, photography and helping out at events.

We know that we'll benefit from your skills, experience and enthusiasm and we think that volunteers should benefit too! If you are especially interested in something or would like to develop skills in a particular area then let us know.

Contact laura@lps.ccght.org for further information on volunteering.

CHRISTMAS WISHES FROM THE HEART OF THE GLENS LANDSCAPE PARTNERSHIP SCHEME

ALL THE STAFF AT THE HEART OF THE GLENS LPS WOULD LIKE TO TAKE THIS OPPORTUNITY TO WISH EVERYONE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!



VOLUNTEER TESTIMONIAL DONNA RAINEY





Volunteer Donna Rainey, originally from Loughgiel, who took part in the planting of thousands of native and locally grown meadow wildflowers at the Warren Cushendun and Agnews Field, Cushendall.

On Saturday November 21st I left home in Garvagh at 9am to go on a volunteering day with CCAG LPS. I travelled over the beautiful Orra mountain, where recent snow fall made the journey tricky and I really began to wonder about the idea of planting native wildflower plug plants in such wintery conditions. As I reached the viaduct near Cushendun and the sea view opened up, I realised I'd come to a very different climate.

I met with the team of volunteers at the sea front and we commenced

planting. There were many distractions, including the ocean, the waxcap fungi and the sea birds. The sun shone for most of the time. It was lovely to work in such conditions and the area was virtually litter free. This is down to the efforts of a local man who I meet almost every time I visit Cushendun. Job done in 2 hours and a kind volunteer brought us back to her house for tea and toasted soda! What a pleasure that was. Her husband gave us some home grown Kale to steam later for our tea. Lovely people!

Refreshed, we proceeded to Cushendall for more breath taking views and a chance to plant a wetter area with my favourite wildflower, Ragged robin, amongst other beauties. Again there were many distractions. Oyster catchers, once very common on the shores of our island, now on a list of birds in serious decline! I find this so hard to comprehend! Their call is evocative of seashore life and takes me back to childhood. A pair of redshank and gulls provided more lovely background sounds, with 2 geese flying overhead.

In the end we planted over 2000 plants to provide nectar and pollen for the new season of pollinators, bumblebees, hoverflies, butterflies and moths. These will be well provided for in the years to come if all our plants grow on successfully.

Finally, we carried out a litter pick of the area which included recent rubbish strewn about the site, despite it being well served with bins, and historic rubbish from the beach. I filled a bag with reams of discarded black plastic, so harmful to our oceans and their wildlife. Perhaps if we took better care of our land and seas we would not be seeing the 50% reduction in our wildlife numbers that has occurred in the past 40 years!

I would like to encourage anyone thinking of volunteering to get involved. There are so many learning opportunities. If you have an interest in nature or the outdoors, give it a try. I promise you, you will feel much better for it. Giving something back to nature and the environment, rewards you with a great sense of well-being and of a job well done, as well as increasing our understanding.

FOR COMMUNITY BY COMMUNITY - GIFNDUN

Earlier this year we engaged with a selection of local residents, landowners and community groups on the different issues affecting them and the community of Glendun. Based on the results of this initial work we are facilitating a series of Workshops to further explore these issues and how best to maximise the benefits from the landscape for local individuals and the community.

We are inviting people who live in, own land or whose work impacts Glendun (see map) to express an interest in participating in this consultation. The process aims to facilitate the community in developing your own set of locally agreed actions based on the opportunities, threats and desires of the community that will make the Glen sustainable for its people to live and work in.

Please contact Brian (brian@lps.ccght.org) to express an interest or find out more.



ANSWERS TO THE ANAGRAMS

STRAID

KNOCKANS
CAREY MILL
CRAIGFAD
DRUMNAKEEL
SLIEVE PIN
COOLNAGOPPOGE
EAST TORR

DRUMFRESKY CALLISNAGH DUNOURGAN GORTAGHRAGAN MULLARTS TROMRA

CARNAHAGH KNOCKBAN MULLINASKEAGH GALBALLY STRAIDKILLY FEYSTOWN

MG EVENTSIII

OUR EVENTS ARE FREE AND OPEN TO EVERYONE! TO ENSURE WE HAVE ENOUGH REFRESHMENTS AND EQUIPMENT PLEASE LET US KNOW YOU ARE COMING REGISTER WITH LAURA@LPS.CCGHT.ORG OR 028 2075 2100. YOU CAN ALSO GET IN TOUCH THROUGH FACEBOOK AND TWITTER KEEP AN EYE ON OUR SOCTAL MEDIA PAGES AND ALSO OUR NEW WEBSITE HEARTOF THEGLENS. ORG FOR FURTHER UPDATES AND UPCOMING EVENTS

Archaeological, historical É Industrial Heritage

TUESDAY 19TH JANUARY 7PM HUNTERS BAR, BALLYVOY, BALLYCASTLE

EXCAVATING DÚN MÓR AT FAIR HEAD

Join Cormac McSparron from Queens CAF to find out about the discoveries made at this year's community excavation.

THE STORY OF GARRON TOWER

From its building in 1848-50 by Frances Anne Vane-Tempest-Stewart, Marchioness of Londonderry, through to its later incarnations as a hotel and a school. The talk draws on the TUESDAY 9TH FEBRUARY 7PM GLENLOUGH COMMUNITY large collection of documents in the Public Records Office, including a series of plans which evolved towards the final CENTRE, CARNLOUGH design, detailed correspondence from the architect and builder, and legal documents regarding the purchase and transfer of land, as well as a range of historical photographs

and postcards.

TUESDAY 1ST MARCH 7PM THE OLD SCHOOL HOUSE, CUSHENDALL

THE INDUSTRIAL HISTORY OF GLENRAVEL WITH KEVIN O'HAGAN

Come along to hear about the history of the 19th Century attempts to mine iron ore in Glenravel. Learn about the discovery of iron ore and bauxite, the installation of the narrow gauge railway and Skerry Mines.

Biodiversity

FEBRUARY DATE & VENUE TO BE CONFIRMED

WILDLIFE GARDENING WORKSHOP

This will look at simple steps everyone can carry out in their own garden to make it more welcoming for nature. From window boxes, grassy meadows, to companion planting in your vegetable patch, make your garden buzz and chirp

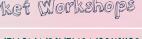
FEBRUARY DATE & VENUE TO BE CONFIRMED

SATURDAY 30TH OF JANUARY

INVASIVE SPECIES WORKSHOP

This talk will give an outline of some of the impacts of invasive species in The Glens of Antrim. The talk will have a particular focus on invasive plants and their impact on native species. It will even explain how one species can impact on your ability to get a mortgage!

Naturally North Coast & Glens Artisan Market Workshops



WILLOW WEAVING WORKSHOP DATE & VENUE TO BE CONFIRMED

There will be a fee for this workshop. Please email info@naturallynorthcoast&glens.co.uk for further information.

Former Information Evenings

In partnership with CAFRE

MONDAY 11TH JANUARY 7.30PM BALLYCASTLE GOLF CLUB

BEEF SHORTHORN IN THE GLENS

With Adrian Morrow , Farm Manager at Glenarm Estate for a talk on beef shorthorn and its suitability for the hills and uplands of The Glens of Antrim

THURSDAY 28TH JANUARY 7.30PM THE OLD SCHOOL HOUSE. CUSHENDALL

FARM ANIMAL HEALTH

Join Vet Gemma Daly to learn about the benefits of herd health schemes and an outline of the diseases they aim to control. Gemma will also discuss seasonal health issues relating to calving and lambing.

WEDNESDAY 3RD FEBRUARY 7.30PM HUNTERS BAR, BALLYVOY. BALLYCASTLE

NITRATES ACTION PROGRAMME

With Graeme Campbell from CAFRE. The Nitrates Action Programme provides continued operation of measures to improve the use of agricultural nutrients on farms and reduce their impact on Northern Ireland's water environment. Join

WEDINESDAY 17TH FEBRUARY 7.30PM HUNTERS BAR, BALLYVOY, BALLYCASTLE

FARM NUIRLENT MANAGEMENT PLANNING

With Graeme Campbell. Join us if you are a farmer or landowner who wishes to improve their knowledge of Nutrient Management Planning to make best use of fertiliser and manure while complying with the requirements of the Nitrates and Phosphorus Regulations. Also find out how making simple changes can save you money.

FARM ORCHARD MANAGEMENT

- WITH GRAEME CAMPBELL & GRAEME CROSS

Established orchards provide a unique wildlife resource in the Irish farm landscape. Apple and pear trees are hosts to a huge range of insect species, and provide a roosting haven and shelter for birds and mammals throughout the year. In addition, the blossom is a splendid source of nectar and pollen for bees and other pollinating insects, while the windfall fruit is valued as winter feeding by wild birds and animals alike. Join us to find out more.

FRIDAY 1ST APRIL 10AM - 4PM GLENWHERRY HILL FARM, GLENHEAD ROAD, BALLYMENA OTHER DATES TO BE ARRANGED.

DATES TO BE CONFIRMED

FRIDAY 26H FEBRUARY

1.30PM VENUE TO BE CONFIRMED

DRY STONE WALLING COURSE

Dry stone walls are durable and attractive field boundary features which provide excellent shelter for small animals, birds and insects. If you are interested in attending a Free course on how to build your own dry stone walls PLEASE CONTACT us to reserve your place.

HEDGEROW & SMALL WOODLAND MANAGEMENT

We will be running a series of events and courses on hedgerow management especially for sheep country. Techniques learned will also be useful in woodland management. Please register your interest with us.

KEEP AN EYE ON OUR WEBSITE AND SOCIAL MEDIA PAGES FOR FURTHER INFORMATION EVENINGS AND TRAINING

bout the Heart of the Glens

The Heart of the Glens Landscape Partnership Scheme is made up of 21 exciting different projects over five years and covers a large area from Ballycastle to Glenarm. This Scheme is focused on and for the benefit of the communities



- TO CONSERVE AND ENHANCE THE BUILT, NATURAL AND CULTURAL HERITAGE
- TO ENGAGE AND INSPIRE COMMUNITIES
- TO IMPROVE ACCESS AND LEARNING IN THE AREA
- TO OFFER HERITAGE SKILLS AND TRAINING

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