

The logo for Bike Week, featuring the words "Bike" and "week" in a blue, sans-serif font. A green dot is positioned above the letter 'i' in "Bike".

10-18 June 2017



Bike Week 2017 in Causeway Coast and Glens

FREE cycling events for ALL the FAMILY to celebrate Bike Week 2017. Promoted and encouraged by Causeway Coast and Glens Borough Council. Everyone is WELCOME to come along and enjoy the FUN!



**Causeway
Coast & Glens
Borough Council**



FOREST SERVICE

“Pedalling Picnic” on the North Coast (Coleraine to Downhill Forest & Return) Sunday 11th June 2017 at 2:45pm

Enjoy a 12 miles cycle ride along the North Coast, mostly within the Binevenagh Area of Outstanding Natural Beauty, starting and finishing at the Health Centre Car Park, Castlerock Road, Coleraine (adjacent to County Hall). Enjoy the stunning coastal scenery along the route which follows National Cycle Network (NCN) Route 93 from Coleraine to Downhill Forest and return. Bring a picnic or refreshments to enjoy at the half way point at the picnic site close to the Bishop’s Gate. Cyclists return to Coleraine via the cycle path along Mussenden Road and Quilley Road. Ideally better suited to those with some cycling experience and a reasonable level of fitness. Hills along the route. **Not suitable for primary school age children. Post primary children must be accompanied by a responsible adult.**

PROGRAMME OF EVENTS



Ballykelly Bank Leisure Cycle Monday 12th June 2017 at 6:45pm

The starting and finishing point for this leisure cycle ride on the shore of Lough Foyle is the car park adjacent to the primary school in Ballykelly. Totalling approximately 11 miles, this cycle ride hugs the beautiful tranquil shores of Lough Foyle, where cyclists can enjoy traffic-free riding along the Ballykelly Bank. Quiet country roads provide additional riding length. Opportunities along the route to stop and enjoy the sights and learn a little about this area's rich wildlife. Another leisurely cycle with low average speeds! Not suitable for young children. Older primary and post primary children must be accompanied by a responsible adult.

Cycle Ride and BBQ - Cloonavin, Coleraine Wednesday 14th June 2017 at 6:45pm

Enjoy a family cycle ride (approx. 6-7 miles) starting and finishing at Cloonavin, Portstewart Rd, Coleraine. The route follows the River Bann through the town, including the traffic-free section through Christie Park and Somerset Riverside Park. Finish off the evening with a free BBQ at Cloonavin.

Optional 3 miles shorter route for families with young children. Meet at Christie Park car park on Strand Rd at 7:15pm, and join main group of cyclists for traffic-free section through Christie Park and Somerset Riverside Park and return to car park. Parents' responsibility to transport children back to Cloonavin for BBQ.

For catering purposes it is essential to register with Council's Leisure & Development Services before Monday 12th June 2017 (Tel: 028 7034 7234)

"Bike Doc" service available at Cloonavin for bike checks and minor repairs from 6pm
FREE PRIZE DRAW - Cycling accessories.

Lower Bann Leisure Cycle (Ballymoney to Coleraine & return) Saturday 17th June 2017 at 10am - 1pm, Riverside Park (main car park off Armour Ave), Ballymoney

This leisurely 16 miles cycle ride, starting and finishing in Ballymoney's Riverside Park (main car park off Armour Avenue), follows NCN Route 96 into Coleraine and returns to Ballymoney via the Lower Bann Cycleway. The majority of the route is along minor country roads, affording beautiful views over the Antrim Hills and the River Bann, and includes several hill climbs. Light refreshments at half way point. This is a fun event aimed at families and individuals with some previous cycling experience and a reasonable level of fitness. Very much a leisurely cycle with low average speeds! **Not suitable for primary school age children. Post primary children must be accompanied by a responsible adult.**

Bike Tagging Security

The PCSP and the PSNI have partnered up to offer bike owners in the Causeway Coast and Glens Council area the opportunity to have their bike security tagged for free during June. For further details please contact Tel: 028 7034 7234.



For further information on any of the above events please contact:

Causeway Coast and Glens Borough Council
on 028 7034 7234 or visit
www.causewaycoastandglens.gov.uk

Additional Information

- All children aged 16 years and under must be accompanied by an adult
- Causeway Coast & Glens Borough Council strongly recommends that all cyclists wear a helmet. This is compulsory for Under 16s
- All participants must ensure their bicycles are in good condition prior to the event
- Participants should wear suitable clothing and come prepared for wet weather conditions
- All participants should follow The Highway Code
- In the interests of Health & Safety, the organisers reserve the right to cancel an event due to adverse weather conditions
- This programme of events is subject to revision or cancellation without notice should unforeseen circumstances arise